#### **(1)**

# I must look my best in...

## SUMMER UNIFORMS



- 1. Classes I to IV
  - a. Shirt/ Blouse in yellow and grey checks.
  - b. Dark grey shorts/ pinafore.
  - c. White socks (Full Length) and white canvas shoes.

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- 2. Classes V to XII
  - a. White shirt/blouse.
  - b. Dark grey shorts/ trousers/ pinafore.
  - c. White socks (Full Length) and white canvas shoes.
- 3. Hair Do:
  - a. Girls: Below shoulder length, tied in two plaits. Above shoulder length - black hair bands or pony tails. No fancy clips or ribbons will be allowed.
  - b. Boys: Short hair with no fancy hair styling.
- 4. Simple wrist watches are allowed from class 7 upwards.
- 5. Chemistry Lab Coats.
  - a. Students of classes XI & XII must wear a Lab Coat during Chemistry Practical.

## **SPORTS UNIFORM**

#### (Primary Section - Tuesdays, Std V-XII Wednesdays)

- 1. Girls : Coloured T-shirt (house wise) & white skirt with white ribbons or with white bands.
- 2. Boys: Coloured T-shirt (house wise) & white shorts/trousers.
- 3. Footwear: White plain canvas shoes with laces and white socks. WINTER UNIFORM
- 1. Maroon V-neck pull over or cardigan.
- 2. Girls may wear black or white slacks

#### **MONSOON UNIFORM**

- 1. Rain coat & black waterproof shoes/ sandals only.
- 2. No Sports Uniform on Tuesdays / Wednesdays during monsoon.
- 3. During monsoon, it is compulsory for Primary School Students to bring rainwear with them, even if it is sunny in the morning.

#### **PRE-PRIMARY CLASSES**

- 1. Summer Loose and comfortable clothes.
- 2. Winter Sweaters, full pants, socks and shoes.

#### Suggestions to the parents... **Pre-Primary School**



- 1. Talk with your child at least for 10 minutes about what happened in school that day. Go through the School Diary daily and sign if required
- 2. Ensure that your child is not absent from school frequently due to your social commitments. Do not take leave frequently. Education is more important than social commitments.
- 3. Read the library book along with your child.
- 4. Ensure that your child gets at least 8 hours of sleep.
- 5. Never allow your child to go to sleep immediately after watching TV. Psychologists advise against it.
- 6. Train your child to brush the teeth, wash the face and body well. Oil & comb his/ her hair properly and teach proper toilet habits.
- 7. Give your child a proper breakfast before coming to school. Give a balanced diet for lunch.
- 8. Ensure that your child wears clean and proper uniform for the day and brings a napkin or a handkerchief
- 9. Ensure that your child comes to school punctually.
- 10.As far as possible, do not request a meeting with teachers except on designated Saturdays.
- 11.Do not criticize the school or the teachers in the presence of children. If you have any issues, please discuss it with the teachers or the coordinator or the Principal directly.
- 12. Home food and boiled water will be allowed only on production of a proper medical certificate.
- 13.Please do not send expensive articles or toys to school with your child.

### **Primary School**

- 14.Ensure that your child sits down and does at least 30 to 45 minutes of school work without anyone's help.
- 15.Remind your child to up-date the corrections in the notebooks as indicated by the teacher. Ask him/her at the end of the study time, whether it has been done
- 16. Train your child to maintain his/her books, bag & stationery neatly and properly
- 17. Encourage your child to read a library book at least for 15 minutes before going to sleep. If necessary, sit with him/her and request for the story to be explained.
- 18.Train your child, before going to sleep, to keep the books & stationery as per the next days' time-table in his/her bag
- 19.Do not send your child for tuitions without the written permission of the school. 20.Do not give large amounts of cash as pocket money.

### Middle & Secondary School

- 21.Encourage your child to study on his/ her own. Even if it takes a little more time, such learning is permanent.
- 22.Ensure that he/she develops regular study habits
- 23. Motivate him/ her towards higher academic achievements.